# Calendrier Master 1 Wellness Management (2025-2026)

En bleu figurent les périodes de cours à l'Université de Strasbourg ; en blanc les périodes de travail dans la structure pro.

**2025**

| Septembre | | | Octobre | | | Novembre | | | Décembre | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | L | | 1 | M | | 1 | S | Toussaint | 1 | L | |
| 2 | M | | 2 | J | S 40 | 2 | D | | 2 | M | |
| 1 | M | | 3 | V | | 3 | L | | 3 | M | |
| 4 | J | | 4 | S | | 4 | M | | 4 | J | |
| 5 | V | | 5 | D | | 5 | M | | 5 | V | |
| 6 | S | | 6 | L | | 6 | J | | 6 | S | |
| 7 | D | | 7 | M | | 7 | V | | 7 | D | |
| 8 | L | | 8 | M | | 8 | S | | 8 | L | |
| 9 | M | | 9 | J | | 9 | D | | 9 | M | |
| 10 | M | | 10 | V | | 10 | L | | 10 | M | |
| 11 | J | | 11 | S | | 11 | M | Armistice | 11 | J | |
| 12 | V | | 12 | D | | 12 | M | | 12 | V | |
| 13 | S | | 13 | L | | 13 | J | | 13 | S | |
| 14 | D | | 14 | M | | 14 | V | | 14 | D | |
| 15 | L | | 15 | M | | 15 | S | | 15 | L | |
| 16 | M | | 16 | J | | 16 | D | | 16 | M | |
| 17 | M | S 38 | 17 | V | | 17 | L | | 17 | M | |
| 18 | J | | 18 | S | | 18 | M | | 18 | J | |
| 19 | V | | 19 | D | | 19 | M | S 47 | 19 | V | |
| 20 | S | | 20 | L | | 20 | J | | 20 | S | |
| 21 | D | | 21 | M | | 21 | V | | 21 | D | |
| 22 | L | | 22 | M | | 22 | S | | 22 | L | |
| 23 | M | | 23 | J | | 23 | D | | 23 | M | |
| 24 | M | S 39 | 24 | V | | 24 | L | | 24 | M | |
| 25 | J | | 25 | S | | 25 | M | | 25 | J | Noël |
| 26 | V | | 26 | D | | 26 | M | S 48 | 26 | V | St Etienne |
| 27 | S | | 27 | L | | 27 | J | | 27 | S | |
| 28 | D | | 28 | M | | 28 | V | | 28 | D | |
| 29 | L | | 29 | M | | 29 | S | | 29 | L | |
| 30 | M | | 30 | J | | 30 | D | | 30 | M | |
| | | | 31 | V | | | | | 31 | M | |

**2026**

| Janvier | | | Février | | | Mars | | | Avril | | | Mai | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | J | Jour de l'an | 1 | D | | 1 | D | | 1 | M | | 1 | V | Fête travail |
| 2 | V | | 2 | L | | 2 | L | | 2 | J | | 2 | S | |
| 3 | S | | 3 | M | | 3 | M | | 3 | V | | 3 | D | |
| 4 | D | | 4 | M | | 4 | M | S 10 | 4 | S | | 4 | L | |
| 5 | L | | 5 | J | | 5 | J | | 5 | D | | 5 | M | S 19 |
| 6 | M | | 6 | V | | 6 | V | | 6 | L | Pâques | 6 | M | |
| 7 | M | | 7 | S | | 7 | S | | 7 | M | | 7 | J | |
| 8 | J | | 8 | D | | 8 | D | | 8 | M | | 8 | V | Victoire 1945 |
| 9 | V | | 9 | L | | 9 | L | | 9 | J | | 9 | S | |
| 10 | S | | 10 | M | | 10 | M | | 10 | V | | 10 | D | |
| 11 | D | | 11 | M | | 11 | M | S 11 | 11 | S | | 11 | L | |
| 12 | L | | 12 | J | | 12 | J | | 12 | D | | 12 | M | |
| 13 | M | | 13 | V | | 13 | V | | 13 | L | | 13 | M | |
| 14 | M | S 3 | 14 | S | | 14 | S | | 14 | M | | 14 | J | Ascension |
| 15 | J | | 15 | D | | 15 | D | | 15 | M | | 15 | V | |
| 16 | V | | 16 | L | | 16 | L | | 16 | J | | 16 | S | |
| 17 | S | | 17 | M | | 17 | M | | 17 | V | | 17 | D | |
| 18 | D | | 18 | M | | 18 | M | | 18 | S | | 18 | L | |
| 19 | L | | 19 | J | | 19 | J | | 19 | D | | 19 | M | |
| 20 | M | | 20 | V | | 20 | V | | 20 | L | | 20 | M | |
| 21 | M | S 4 | 21 | S | | 21 | S | | 21 | M | | 21 | J | |
| 22 | J | | 22 | D | | 22 | D | | 22 | M | | 22 | V | |
| 23 | V | | 23 | L | | 23 | L | | 23 | J | | 23 | S | |
| 24 | S | | 24 | M | | 24 | M | | 24 | V | | 24 | D | |
| 25 | D | | 25 | M | | 25 | M | | 25 | S | | 25 | L | Pentecôte |
| 26 | L | | 26 | J | | 26 | J | | 26 | D | | 26 | M | |
| 27 | M | | 27 | V | | 27 | V | | 27 | L | | 27 | M | |
| 28 | M | | 28 | S | | 28 | S | | 28 | M | S 18 | 28 | J | |
| 29 | J | | | | | 29 | D | | 29 | M | | 29 | V | |
| 30 | V | | | | | 30 | L | | 30 | J | | 30 | S | |
| 31 | S | | | | | 31 | M | | | | | 31 | D | |

| Juin | | | Juillet | | | Août | | | Septembre | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | L | | 1 | M | | 1 | S | | 1 | M | |
| 2 | M | | 2 | J | | 2 | D | | 2 | M | |
| 3 | M | | 3 | V | | 3 | L | | 3 | J | |
| 4 | J | | 4 | S | | 4 | M | | 4 | V | |
| 5 | V | | 5 | D | | 5 | M | | 5 | S | |
| 6 | S | | 6 | L | | 6 | J | | 6 | D | |
| 7 | D | | 7 | M | | 7 | V | | 7 | L | |
| 8 | L | | 8 | M | | 8 | S | | 8 | M | |
| 9 | M | | 9 | J | | 9 | D | | 9 | M | |
| 10 | M | S 24 | 10 | V | | 10 | L | | 10 | J | |
| 11 | J | | 11 | S | | 11 | M | | 11 | V | |
| 12 | V | | 12 | D | | 12 | M | | 12 | S | |
| 13 | S | | 13 | L | | 13 | J | | 13 | D | |
| 14 | D | | 14 | M | Fête nation. | 14 | V | | 14 | L | |
| 15 | L | | 15 | M | | 15 | S | Assomption | 15 | M | |
| 16 | M | | 16 | J | | 16 | D | | 16 | M | |
| 17 | M | | 17 | V | | 17 | L | | 17 | J | |
| 18 | J | | 18 | S | | 18 | M | | 18 | V | |
| 19 | V | | 19 | D | | 19 | M | | 19 | S | |
| 20 | S | | 20 | L | | 20 | J | | 20 | D | |
| 21 | D | | 21 | M | | 21 | V | | 21 | L | |
| 22 | L | | 22 | M | | 22 | S | | 22 | M | |
| 23 | M | | 23 | J | | 23 | D | | 23 | M | |
| 24 | M | | 24 | V | | 24 | L | | 24 | J | |
| 25 | J | | 25 | S | | 25 | M | | 25 | V | |
| 26 | V | | 26 | D | | 26 | M | | 26 | S | |
| 27 | S | | 27 | L | | 27 | J | | 27 | D | |
| 28 | D | | 28 | M | | 28 | V | | 28 | L | |
| 29 | L | | 29 | M | | 29 | S | | 29 | M | |
| 30 | M | | 30 | J | | 30 | D | | 30 | M | |
| | | | 31 | V | | 31 | L | | | | |